

Equip promises lasting recovery



1.1 lbs

average weight gain
per week



60%

of patients see reduction of eating
disorder symptoms by 4 weeks

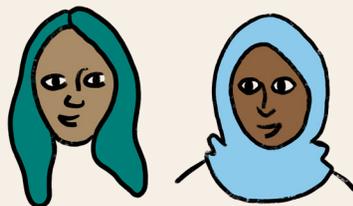


98%

of patients remain in
treatment after 4 weeks

"Equip provided the complete support our family needed to help move our daughter into recovery. Working with a family therapist— and mentors made a major difference in our daughter's progress."

Cyndi N.
Mother of a student athlete



**We take insurance
Because recovery
should be accessible.**

**Connect with our
team to learn more!**

(855) 387-4378

join@equip.health

www.equip.health



EQUIP

**Eating disorder
treatment that works
—delivered at home**

Now seeing
patients
ages 6-24!



join@equip.health 855-387-4378

Why it Works



Gold standard care made accessible

Our model builds upon Family-Based Treatment, the gold-standard of care—with positive outcomes for 86% of patients, by experts in the field from Stanford, UCSD, and more



Dedicated five-person care team

Equip's Family-Based Treatment model provides a five-person care team of clinicians and mentors for lasting recovery



Care at home on your schedule

Live video sessions and secure messaging between sessions with your care team—whenever you need it

FAQs

What eating disorders do you treat?

Equip provides treatment to people with anorexia, bulimia, binge eating disorder, ARFID, and atypical eating disorders.

How does your virtual treatment work?

All treatment sessions occur via secure video calls. Patients and families can schedule appointments with providers and send messages to their providers between sessions using the Equip platform.

How do we monitor care in a virtual environment?

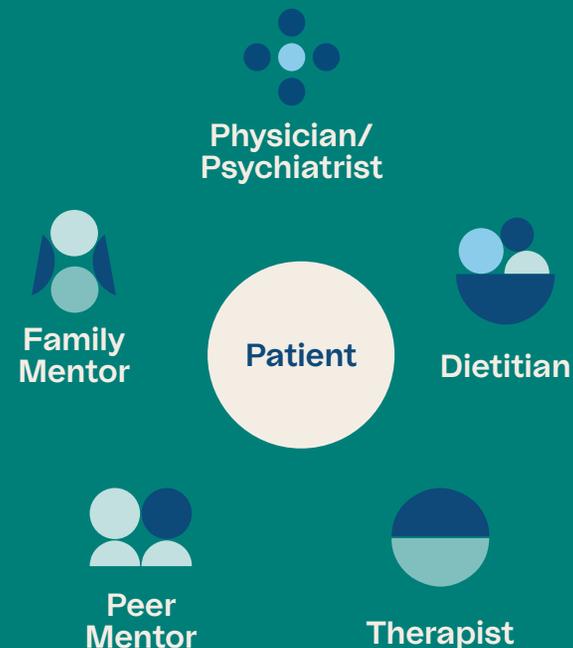
Families do weight and orthostatic vitals at home every week to start. We will walk you through the steps and our medical doctors review the data to monitor medical stability.

What are the benefits of keeping my child at home for FBT?

We know that getting better while living life is hard, important work that gets you to lasting recovery. By providing tailored treatment plans for every family, Equip keeps your loved one in their lives to help them move out of their eating disorders

For more FAQs, visit equip.health/faq

Equip's 5-person care team



Patients and families are matched with mentors who have shared lived experiences to ensure treatment is a safe space

