

Free Rapid COVID-19 Self-tests are still available

If you feel sick or have COVID-19 symptoms, it's important to get tested right away, even if you're vaccinated. Now is a good time to stock up on free at-home rapid tests, while supplies are still available and covered by insurance.

Where to request free tests

- Federal Government: www.COVID.gov/tests
 - Free at-home COVID-19 tests while supplies last.
- Washington State Department of Health: www.sayyescovidhometest.org
 - Enter your home zip code to see if supplies are still available in your area. The program ends on May 11, 2023.
- Insurance providers are required—through May 11, 2023—to cover the cost of eight at-home tests per covered member per month.



**Read more details about COVID-19 self-tests
on the Balanced You blog**

www.kcbalancedyou.com/covid-self-tests