



Disability Related Resources for King County Employees

Disability Services

Disability Services assists employees and King County departments in providing reasonable accommodations in employment to individuals with disabilities. Services also include disability benefits support and navigation, and resource connection. Reasonable accommodations for both physical and mental health impairments may take many forms, including but not limited to:

- adaptive/assistive equipment/devices
- visual or auditory aids
- job restructuring or scheduling
- additional breaks
- leaves of absence
- telecommuting

To request a reasonable accommodation, please contact your Division Human Resource Manager or the Department of Human Resources Disability Services team at (206) 263-9329 or DisabilityServices@kingcounty.gov.

For Metro Transit employees, you may contact the following **Transit Disability Services staff**:

- Sara Schmitz, MA CRC, CDMP: (206) 263-3316; SSchmitz@kingcounty.gov
- Lena Williams, MA CRC: (206) 263-0862; LWilliams@kingcounty.gov
- Diana Wurn, MA CRC: (206) 477-5999; Diana.Wurn@kingcounty.gov

Supported Employment Program

The Supported Employment Program connects candidates with developmental disabilities to King County positions and supports current King County Supported Employees in all departments. For more information about this program please contact Christina Davidson at (206) 477-3372 or christina.davidson@kingcounty.gov

Return-to-Work Programs

Transitional duty assignment (TDA) consists of short-term, temporary work assignments for a defined period of up to 6 months for employees who have temporary medical restrictions that restrict them from performing one or more of their essential job functions. For more information or to submit a request for a TDA worker please contact: TDA@kingcounty.gov

Reassignment Program (RAP) services are provided to employees who can no longer perform the essential functions of their King County job due to a disability but are able to work in another capacity. For more information please contact: RAP@kingcounty.gov.

Mental Health Resources

Mental health is an important part of overall health and well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices. Please see King County's comprehensive Mental Health and Resources Flyer [here](#).

Career Support Services

Career Support Services (CSS) provides employees with strategies, techniques, and tools in navigating career goals. Contact them at: www.kingcounty.gov/css; careersupportservices@kingcounty.gov; or: (206) 477-4460